

ALL EXAMINATIONS Please bring your Health Care card and another piece of identification with this form.

If you have any questions about your exam, exam preparation or need to change or cancel your appointment, please contact Central Booking.

*For all examinations (except ultrasound):

1. If it has been more than 28 days since the start of your last period, please confirm with the technologist that you are not pregnant.
2. Some continuous glucose monitoring devices recommend removing the glucose monitor for all radiation imaging exams, while others specify that you only need to remove the device if it is in the direct beam. Some devices say that you don't need to remove them at all. Before scheduling a medical imaging exam at MIC, we recommend that all diabetic patients refer to their glucose monitoring device instructions so they can coordinate their appointment around the replacement of their device. If you are unsure if you will receive radiation during your appointment, please call our Central Booking team at 780-450-1500.

Only exams below require preparation. Please review carefully to ensure the best exam results.

Ultrasound

- **Abdomen, AAA Limited, Liver elastography** Nothing to eat or drink for 6 hours prior to the exam.
- **Pelvic, Renal, Bladder, Nuchal Translucency Screening, or Obstetrical**
(You may continue to eat)
 1. 90 minutes prior to your exam, empty your bladder.
 2. Drink 1 litre of water.
 3. Finish drinking the full amount one hour prior to the examination.
 4. Do not empty your bladder again prior to the examination.
- **Obstetric > 28 weeks includes BPP** (Please have a snack prior to the exam)
 1. 90 minutes prior to your exam, empty your bladder.
 2. Drink 500ml of water.
 3. Finish drinking the full amount one hour prior to the examination.
 4. Do not empty your bladder again prior to the examination.
- **Abdomen with Pelvic or RLQ (Appendix)**
 1. Nothing to eat for 6 hours prior to the exam.
 2. 90 minutes prior to your exam, empty your bladder, then drink 1 litre of water.
 3. Finish drinking the full amount one hour prior to the examination.
 4. Do not empty your bladder again prior to the examination.
- **Anal Sphincter** Exam is done to assess tears of the anal sphincter. Exam is performed both vaginally and transperineal. No preparation required.

Mammography

Do not use perfume, deodorant, antiperspirant or talcum before the examination. If you experience premenstrual breast tenderness, you may delay booking until tenderness has subsided. Wear a two piece outfit. At the time of booking, you will be asked where your previous mammogram was done.

Nuclear Medicine *If there has been more than 28 days since your last period, please confirm with the technologist that you are not pregnant.

Exam	Preparation	Approximate Exam Time
Gallium Scan	No preparation prior to injection. Involves 2 separate visits: ○ The first for injection ○ Two days later for images, which takes 1 hour.	15 minutes, return 48 - 72 hours later for 1 hour
Hepatobiliary Scan (HIDA)	Nothing to eat or drink after midnight	2 hours
Meckel's Scan	Starting at 8:00am the day prior to exam take oral Pepcid AC 20 mg (famotidine). A second 20 mg dose should be taken the evening before the exam, and a third 20mg dose taken on the morning of the test with a small sip of water, 1 hour prior to imaging. Total 3 doses. Nothing to eat or drink after midnight.	1 hour
Renal Scan: (Diuretic)	Drink 1 liter of fluid 1 hour prior to exam	Ranges from 45 minutes to 2 hours
Renal Scan: (Renovascular Hypertension)	Patient off ACE inhibitors for 48 hours. No breakfast. Drink 1 liter of fluid 1 hour prior to exam. Take 50mg of CAPTOPRIL 1 hour prior to examination as prescribed by your own practitioner.	1 hour
Cardiac Examinations	Refer to preparation instructions on Cardiac Requisition.	
Lung VQ Scan	No Preparation	1 hour

MIC's Nuclear Medicine physicians and radiologists provide support for additional specialized exams in Edmonton hospitals.

Locations

For clinic hours of operation, please visit mic.ca

Edmonton

Allin Clinic (X-ray only)
81, 10155 120 ST NW
Fax: 780.488.0238

Century Park
201-2377 111 ST NW
Fax: 780.665.4289

Gateway Clinic
107-6925 Gateway BLVD NW
Fax: 1.866.815.1715

Heritage Valley Town Centre
2903-119A ST SW
Fax: 780.665.7063

Hys Medical Centre
202-11010 101 ST NW
Fax: 780.424.7780

Lakewood
201-7319 29 AVE NW
Fax: 780.461.7527

Manning Town Centre
15425 37 ST NW
Fax: 780.665.7276

Namoo 160
209-15961 97 ST NW
Fax: 1.877.433.9020

Terra Rosa
9566-170 ST NW
Fax: 1.877.543.8044

Windermere
201-6103 Currents DR NW
Fax: 1.888.442.2136

MRI & CT
(Separate requisition required)

MRI & CT Century Park
201-2377 111 ST NW
Fax: 780.433.7286

MRI Terra Rosa
9566-170 ST NW
Fax: 780.433.7286

Ft. Saskatchewan

SouthPointe
115-9332 Southfort DR
Fax: 780.392.1269

Sherwood Park

Synergy Wellness Centre
501 Bethel Dr
109-Main Clinic
145-Women's Imaging
Fax: 780.392.1268

St. Albert

Grandin X-Ray (X-ray only)
1 St. Anne ST
Fax: 780.458.9096

Sturgeon Medical Women's Imaging
110-625 St. Albert Trail
Fax: 1.866.215.9996

Summit Centre
102-200 Boudreau RD
Fax: 780.459.2376

MIC Business Office Hys Centre
203-11010 101 ST NW, Edmonton
Fax: 780.425.5979