

ALL EXAMINATIONS Please bring your Health Care card and another piece of identification with this form.

If you have any questions about your exam, exam preparation, or need to change or cancel your appointment, please contact Central Booking.

Only exams below require preparation. Please review carefully to ensure the best exam results.

For all Nuclear Medicine and PET CT Imaging

**If there is any chance of pregnancy, the exam should be postponed until the start of menses or within the 10 days thereafter.*

**Please inform your technologist prior to your injection if you are breastfeeding.*

MPI - Myocardial Perfusion Imaging - For both SPECT and PET CT

Your heart is imaged in two phases, once after stress (exercise or pharmacologic), once while resting, on one day for PET or two days for SPECT. Each appointment takes approximately 2 hours.

- Do not consume any caffeine for 24 hrs prior to your stress test appointment**
This includes such things as: coffee (*including decaffeinated coffees*), teas, colas and soda pops, energy drinks, chocolate, as well as other coffee/chocolate-flavoured foods such as candies, bars, pudding and ice cream; daytime/non-drowsy formulations of medications such as Tylenol 3, cough/cold/decongestant and allergy medications also frequently contain caffeine (check package label).

No erectile dysfunction medications (eg. *Viagra, Cialis*) 72 hours prior to your exam (*applies to both males and females*).
- Do not eat or drink anything for 4 hours prior to exam**
If you normally take medication in the morning, you may continue to do so with some water (*unless otherwise directed by your physician*).
- Bring a list of your medications with dosages included**
Continue to take all your medication(s) as directed by your physician. Should you have any questions about taking your medications for the test, contact your doctor's office.
- Diabetic Patients**
Do not take your diabetic medications on the morning of your stress test. Bring your medications.
- Asthmatic Patients**
Bring your inhalers and medications.
- Clothing**
Please wear a comfortable pair of pants or shorts, and appropriate footwear to be worn on a treadmill. No one piece undergarments.
- Food**
Please feel free to bring a snack. There may be a waiting period between the stress test and scan.

Cardiac Amyloidosis Scan

Your heart is imaged in two phases on one day: once 1 hour after injection and then again 3 hours after injection.

Cardiac Viability Scan

- Do not eat and do not drink for 8 hours prior to exam.
- Only available for non-diabetic patients in the clinic.
- You may take your prescribed medication(s) as directed by your doctor before the procedure with sip(s) of water.
- The entire appointment may take about 2-3 hours.

Cardiac Sarcoidosis Scan

- Diet instructions will be provided by the Nuclear Medicine department.
- No intense exercise for 36 hours prior to the appointment time (e.g. jogging, strength training, aerobics etc.).
- 12 hours prior to exam: Complete fast - **no** gum, **no** cough drops or syrup, **no** caffeinated drinks, **no** flavored or fruit infused water.
- Plain water can be consumed during the 12 hour fast.

Exercise Stress Test - no imaging

Please wear a comfortable pair of pants or shorts, and appropriate footwear to be worn on a treadmill. No one piece undergarments.

Locations

For clinic hours of operation, please scan the QR code or visit mic.ca



Edmonton

Allin Clinic (X-ray only)
B1, 10155 120 ST NW
Fax: 780.488.0238

Century Park
201-2377 111 ST NW
Fax: 780.461.8524

Gateway Clinic
107-6925 Gateway BLVD NW
Fax: 1.866.815.1715

Heritage Valley Town Centre
2903-119A ST SW
Fax: 780.665.7063

Hys Medical Centre
202-11010 101 ST NW
Fax: 780.424.7780

Lakewood
201-7319 29 AVE NW
Fax: 780.461.7527

Manning Town Centre
15425 37 ST NW
Fax: 780.665.7276

Namoo 160
209-15961 97 ST NW
Fax: 1.877.433.9020

Terra Losa
9566-170 ST NW
Fax: 1.877.543.8044

Windermere
201-6103 Currents DR NW
Fax: 1.888.442.2136

MRI, CT & PET CT
(Separate requisition available)

MRI, CT & PET CT Century Park
201-2377 111 ST NW
Fax: 780.433.7286

MRI Terra Losa
9566-170 ST NW
Fax: 780.433.7286

Ft. Saskatchewan

SouthPointe
115-9332 Southfort DR
Fax: 780.392.1269

Sherwood Park

Synergy Wellness Centre
501 Bethel DR
109 - Main Clinic
145 - Women's Imaging
Fax: 780.392.1268

St. Albert

Grandin X-Ray (X-ray only)
1 St. Anne ST
Fax: 780.458.9096

Sturgeon Medical Women's Imaging
110-625 St. Albert Trail
Fax: 1.866.215.9996

Summit Centre
102-200 Boudreau RD
Fax: 780.459.2376

MIC Business Office Hys Centre
203-11010 101 ST NW
Edmonton
Fax: 780.425.5979