



ALL EXAMINATIONS Please bring your Health Care card and another piece of identification with this form. If you have any questions about your exam, exam preparation or need to change or cancel your appointment, please contact Central Booking. Patients who miss their appointment and fail to cancel 24 hours prior to their exam may be charged a \$25.00 fee.

Only exams below require preparation. Please review carefully to ensure the best exam results.

Ultrasound

- **Abdomen, AAA Screen, Liver elastography** Nothing to eat or drink after midnight.
- **Pelvic, Renal, Bladder, Nuchal Translucency Screening, or Obstetrical**
(You may continue to eat)
 1. Empty your bladder.
 2. Drink 1 litre of water.
 3. Finish drinking the full amount one hour prior to the examination.
 4. Do not empty your bladder again prior to the examination.
- **Obstetric > 28 weeks includes BPP** (Please have a snack prior to the exam)
 1. Empty your bladder.
 2. Drink 500ml of water.
 3. Finish drinking the full amount one hour prior to the examination.
 4. Do not empty your bladder again prior to the examination.
- **Abdomen with Pelvic or RLQ (Appendix)**
 1. Nothing to eat after midnight.
 2. The day of your exam, empty your bladder, then drink 1 litre of water.
 3. Finish drinking the full amount one hour prior to the examination.
 4. Do not empty your bladder again prior to the examination.
- **Anal Sphincter** Exam is done to assess tears of the anal sphincter. Exam is performed both vaginally and transperineal. No preparation required.

Gastrointestinal Imaging **If there is any chance of pregnancy, the exam should be postponed until the start of menses or within the 10 days thereafter.*

- **Esophagus, Stomach and Duodenum and/or Small Bowel**
Do not eat or drink anything, including water, after midnight the night before your examination (if your exam is scheduled after 1:00 p.m., you may have 1 slice of dry toast and 1 cup of clear liquid prior to 7:30 a.m.).
Small bowel - Time for examination varies, but may take as long as 4 hours.

Mammography **If there is any chance of pregnancy, the exam should be postponed until the start of menses or within the 10 days thereafter.*

Do not use perfume, deodorant, antiperspirant or talcum before the examination. If you experience premenstrual breast tenderness, you may delay booking until tenderness has subsided. Wear a two piece outfit. At the time of booking, you will be asked where your previous mammogram was done.

Nuclear Medicine **If there is any chance of pregnancy, the exam should be postponed until the start of menses or within the 10 days thereafter.*

Exam	Preparation	Approximate Exam Time
Gallium Scan	No preparation prior to injection. Involves 2 separate visits: ○ The first for injection ○ Two days later for images, which takes 1 hour.	15 minutes, return 48 - 72 hours later for 1 hour
Hepatobiliary Scan (HIDA)	Nothing to eat or drink after midnight	2 hours
Meckel's Scan	Starting at 8:00am the <u>day prior</u> to exam take oral Pepcid AC 20 mg (famotidine). A second 20 mg dose should be taken the evening before the exam, and a third 20mg dose taken on the morning of the test with a small sip of water, 1 hour prior to imaging. Total 3 doses. Nothing to eat or drink after midnight.	1 hour
Renal Scan: (Diuretic)	Drink 1 liter of fluid 1 hour prior to exam	Ranges from 45 minutes to 2 hours
Renal Scan: (Renovascular Hypertension)	Patient off ACE inhibitors for 48 hours. No breakfast. Drink 1 liter of fluid 1 hour prior to exam. Take 50mg of CAPTOPRIL 1 hour prior to examination as prescribed by your own practitioner.	1 hour
Cardiac Examinations	Refer to preparation instructions on Cardiac Requisition.	

Locations Hours of operation vary by examination

⌚ *Extended Hours available for X-ray*

Edmonton

Allin Clinic (X-ray only)

B1, 10155 120 ST NW
Fax: 780.488.0238

⌚ **Century Park**

201-2377 111 ST NW
Fax: 780.461.8524

Gateway Clinic

107-6925 Gateway BLVD NW
Fax: 1.866.815.1715

Hys Medical Centre

202-11010 101 ST NW
Fax: 780.424.7780

Namao 160

209-15961 97 ST NW
Fax: 1.877.433.9020

⌚ **Tawa Centre**

200-3017 66 ST NW
Fax: 780.461.7527

Terra Losa

9566-170 ST NW
Fax: 1.877.543.8044

⌚ **Windermere**

201-6103 Currents DR NW
Fax: 1.888.442.2136

MRI & CT

(Separate requisition required)

MRI & CT Century Park

201-2377 111 ST NW
Fax: 780.433.7286

MRI Terra Losa

9566-170 ST NW
Fax: 780.433.7286

Ft. Saskatchewan

SouthPointe

115-9332 Southfort DR
Fax: 780.392.1269

Sherwood Park

Synergy Wellness Centre

501 Bethel Dr
109-Main Clinic
145-Women's Imaging
Fax: 780.392.1268

St. Albert

Grandin X-Ray (X-ray only)

1 St. Anne ST
Fax: 780.458.9096

Sturgeon Medical Women's Imaging

110-625 St. Albert Trail
Fax: 1.866.215.9996

⌚ **Summit Centre**

102-200 Boudreau RD
Fax: 780.459.2376

MIC Business Office

Hys Centre
203-11010 101 ST NW, Edmonton
Fax: 780.425.5979