

**\*ALL EXAMINATIONS\*** Please bring your Health Care card and another piece of identification with this form.

If you have any questions about your exam, exam preparation, or need to change, or cancel your appointment, please contact Central Booking.

Patients who miss their appointment and fail to cancel 24 hours prior to their exam may be charged a \$25.00 fee.

**Only exams below require preparation. Please review carefully to ensure the best exam results.**

## Ultrasound

**Abdomen** Nothing to eat or drink after midnight.

**Abdomen with Pelvic or RLQ (Appendix)**

- |   |   |  |
|---|---|--|
| 1. Nothing to eat after midnight.   | 3. Finish drinking the full amount one hour prior to the examination. | 4. Do not empty your bladder again prior to the examination. |
| 2. The day of your exam, empty your bladder, then drink 1 litre of water. |   |  |

**Pelvic, Renal, Bladder, Nuchal Translucency Screening, or Obstetrical**

*(You may continue to eat)*

- |                            |   |  |
|----------------------------|---|--|
| 1. Empty your bladder.     | 3. Finish drinking the full amount one hour prior to the examination. | 4. Do not empty your bladder again prior to the examination. |
| 2. Drink 1 litre of water. |   |  |

**Obstetric > 28 weeks** *(Please have a snack prior to the exam)*

- |                          |   |  |
|--------------------------|---|--|
| 1. Empty your bladder.   | 3. Finish drinking the full amount one hour prior to the examination. | 4. Do not empty your bladder again prior to the examination. |
| 2. Drink 500ml of water. |   |  |

**Anal Sphincter** Exam is done to assess tears of the anal sphincter. Exam is performed both vaginally and transperineal. No preparation required.

**Mammography** *\*If there is any chance of pregnancy, the exam should be postponed until the start of menses or within the 10 days thereafter.*

Do not use perfume, deodorant, antiperspirant or talcum before the examination. If you experience premenstrual breast tenderness, you may delay booking until tenderness has subsided. Wear a two piece outfit. At the time of booking, you will be asked where your previous mammogram was done.


## Locations

Hours of operation vary by examination

 *Extended Hours available for X-ray*

### Edmonton

**Allin Clinic** *(X-ray only)*  
B1, 10155 120 ST NW  
Fax: 780.488.0238

 **Century Park**  
201-2377 111 ST NW  
Fax: 780.461.8524

**College Plaza**  
7th Flr-8215 112 ST NW  
Fax: 780.439.9977


**Gateway Clinic**  
107-6925 Gateway BLVD NW  
Fax: 1.866.815.1715

**Hys Medical Centre**  
202-11010 101 ST NW  
Fax: 780.424.7780

**Namao 160**  
209-15961 97 ST NW  
Fax: 1.877.433.9020

 **Tawa Centre**  
200-3017 66 ST NW  
Fax: 780.461.7527

**Terra Losa**  
9566-170 ST NW  
Fax: 1.877.543.8044

 **Windermere**  
201-6103 Currents DR NW  
Fax: 1.888.442.2136

**MRI & CT**  
*(Separate requisition required)*

**MRI & CT Century Park**  
201-2377 111 ST NW  
Fax: 780.433.7286

**MRI College Plaza**  
7th Flr-8215 112 ST NW  
Fax: 780.433.7286

### Ft. Saskatchewan

**SouthPointe**  
115-9332 Southfort DR  
Fax: 780.392.1269


### Sherwood Park

**Synergy Wellness Centre**  
501 Bethel DR  
109 - Main Clinic  
145 - Women's Imaging  
Fax: 780.392.1268

### St. Albert

**Grandin X-Ray** *(X-ray only)*  
1 St. Anne ST  
Fax: 780.458.9096

**Sturgeon Medical Women's Imaging**  
110-625 St. Albert Trail  
Fax: 1.866.215.9996

 **Summit Centre**  
102-200 Boudreau RD  
Fax: 780.459.2376

**MIC Business Office Hys Centre**  
203-11010 101 ST NW  
Edmonton  
Fax: 780.425.5979