

**\*ALL EXAMINATIONS\*** Please bring your Health Care card and another piece of identification with this form.

If you have any questions about your exam, exam preparation or need to change or cancel your appointment, please contact Central Booking. Patients who miss their appointment and fail to cancel 24 hours prior to their exam may be charged a \$25.00 fee.

**Only exams below require preparation. Please review carefully to ensure the best exam results.**

## Ultrasound

- **Abdomen, AAA Screen, Liver elastography** Nothing to eat or drink after midnight.

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- **Pelvic, Renal, Bladder, Nuchal Translucency Screening, or Obstetrical**  
(You may continue to eat)
  1. Empty your bladder.
  2. Drink 1 litre of water.
  3. Finish drinking the full amount one hour prior to the examination.
  4. Do not empty your bladder again prior to the examination.

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- **Obstetric > 28 weeks includes BPP** (Please have a snack prior to the exam)
  1. Empty your bladder.
  2. Drink 500ml of water.
  3. Finish drinking the full amount one hour prior to the examination.
  4. Do not empty your bladder again prior to the examination.

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- **Abdomen with Pelvic or RLQ (Appendix)**
  1. Nothing to eat after midnight.
  2. The day of your exam, empty your bladder, then drink 1 litre of water.
  3. Finish drinking the full amount one hour prior to the examination.
  4. Do not empty your bladder again prior to the examination.

## Gastrointestinal Imaging

*\*If there is any chance of pregnancy, the exam should be postponed until the start of menses or within the 10 days thereafter.*

- **Esophagus, Stomach and Duodenum and/or Small Bowel**  
Do not eat or drink anything, including water, after midnight the night before your examination (if your exam is scheduled after 1:00 p.m., you may have 1 slice of dry toast and 1 cup of clear liquid prior to 7:30 a.m.).  
Small bowel - Time for examination varies, but may take as long as 4 hours.

## Mammography

*\*If there is any chance of pregnancy, the exam should be postponed until the start of menses or within the 10 days thereafter.*

Do not use perfume, deodorant, antiperspirant or talcum before the examination. If you experience premenstrual breast tenderness, you may delay booking until tenderness has subsided. Wear a two piece outfit. At the time of booking, you will be asked where your previous mammogram was done.

## Nuclear Medicine

*\*If there is any chance of pregnancy, the exam should be postponed until the start of menses or within the 10 days thereafter.*

Exam	Preparation	Approximate Exam Time
Gallium Scan	No preparation prior to injection. Involves 2 separate visits: ○ The first for injection ○ Two days later for images, which takes 1 hour.	15 minutes, return 48 - 72 hours later for 1 hour
Hepatobiliary Scan (HIDA)	Nothing to eat or drink after midnight	2 hours
Meckel's Scan	Starting at 8:00 am, 1 day prior to exam, take 150mg Zantac every 4 hours (total 4 doses). Nothing to eat or drink after midnight.	1 hour
Renal Scan: (Diuretic)	Drink 4 cups of fluids 1 hour prior to exam	Ranges from 45 minutes to 2 hours
Renal Scan: (Captopril)	Patient off ACE inhibitors for 48 hours. No breakfast. Drink 4 cups of fluids 1 hour prior to exam. Take 50mg of CAPTOPRIL 1 hour prior to examination as prescribed by your own practitioner.	1 hour

## Locations

Hours of operation vary by examination

- Ⓞ *Extended Hours available for X-ray*

### Edmonton

**Allin Clinic** (X-ray only)

B1, 10155 120 ST NW  
Fax: 780.488.0238

- Ⓞ **Century Park**

201-2377 111 ST NW  
Fax: 780.461.8524

**College Plaza**

7th Flr-8215 112 ST NW  
Fax: 780.439.9977

**Gateway Clinic**

107-6925 Gateway BLVD NW  
Fax: 1.866.815.1715

**Hys Medical Centre**

202-11010 101 ST NW  
Fax: 780.424.7780

**Namoo 160**

209-15961 97 ST NW  
Fax: 1.877.433.9020

- Ⓞ **Tawa Centre**

200-3017 66 ST NW  
Fax: 780.461.7527

**Terra Losa**

9566-170 ST NW  
Fax: 1.877.543.8044

- Ⓞ **Windermere**

201-6103 Currents DR NW  
Fax: 1.888.442.2136

**MRI & CT**

(Separate requisition required)

**MRI & CT Century Park**

201-2377 111 ST NW  
Fax: 780.433.7286

**MRI College Plaza**

7th Flr-8215 112 ST NW  
Fax: 780.433.7286

### Ft. Saskatchewan

**SouthPointe**

115-9332 Southfort DR  
Fax: 780.392.1269

### Sherwood Park

**Synergy Wellness Centre**

109-501 Bethel DR  
Fax: 780.392.1268

### St. Albert

**Grandin X-Ray** (X-ray only)

1 St. Anne ST  
Fax: 780.458.9096

- Ⓞ **Summit Centre**

102-200 Boudreau RD  
Fax: 780.459.2376

**MIC Business Office**

**Hys Centre**  
203-11010 101 ST NW  
Edmonton  
Fax: 780.425.5979